



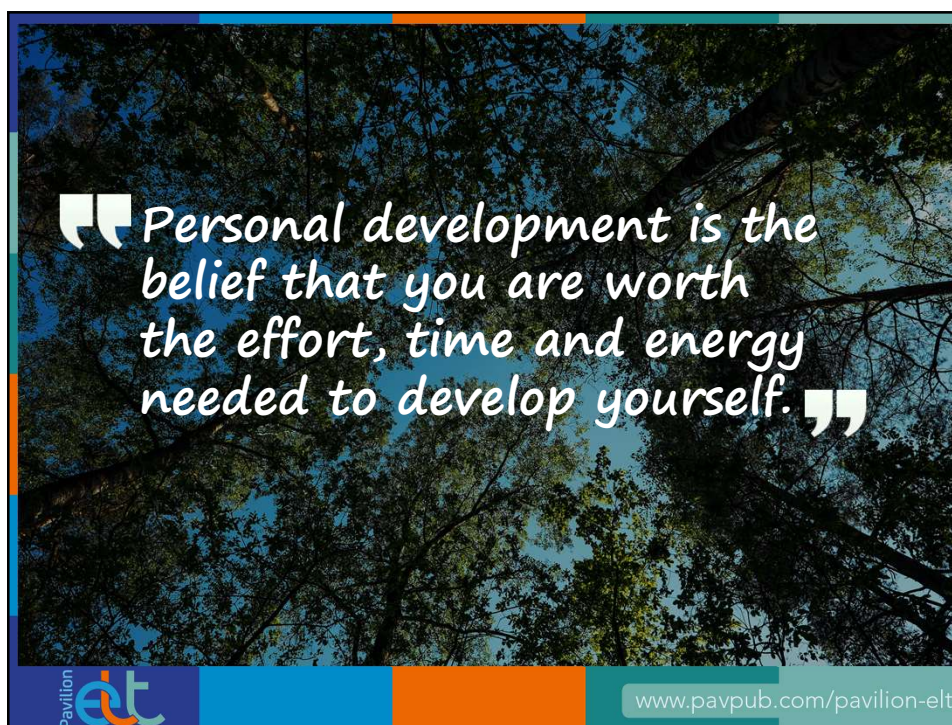
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Use it or lose it: how to activate professional development

Kirsten Holt, ELT Ireland Conference, Dublin
February 2019



“Personal development is the belief that you are worth the effort, time and energy needed to develop yourself.”

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A short advance warning!

1. Activate your wifi (if you haven't already), via the GCGuest WiFi. The code is Gr1ff1thColl3g3
2. Go to www.menti.com
3. Standby for poll!



A quick poll on CPD

Visit menti.com to find a question and record your views.

Go to www.menti.com and use the code 43 85 20

The diagram illustrates the process in three steps:

- 1** Grab your phone: Accompanied by an illustration of a smartphone.
- 2** Go to www.menti.com: Accompanied by a text box containing the website address.
- 3** Enter the code 43 85 20 and vote!: Accompanied by an illustration of a smartphone screen displaying a 'Please enter the code' prompt with a text input field and a 'Submit' button.

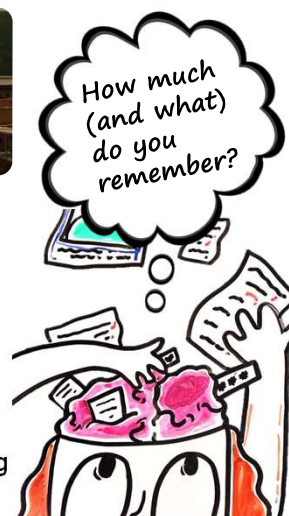


Think back to your last conference ...



Chat with a partner, using these questions:

1. How did you record the conference?
2. What was the conference about? Briefly summarise the key topics.
3. Did you tell anyone else about your learning. If so, who and how?
4. Have you done anything with your learning since? If so, what and how?



An ELT Ireland Conference experience



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Time to return to the present ...



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The (Ebbinghaus) forgetting curve



Making things stick ... with BRICK

- **B**uild up memory strength
- **R**everisit training ... and reinforce regularly
- **I**ncorporate more active involvement
- **C**reate clear and easy-to-absorb information
- **K**eeep it relevant with reading and reflective leaning



“Personal development is a major time-saver. The better you become, the less time it takes you to achieve your goals!”

Conference note taking



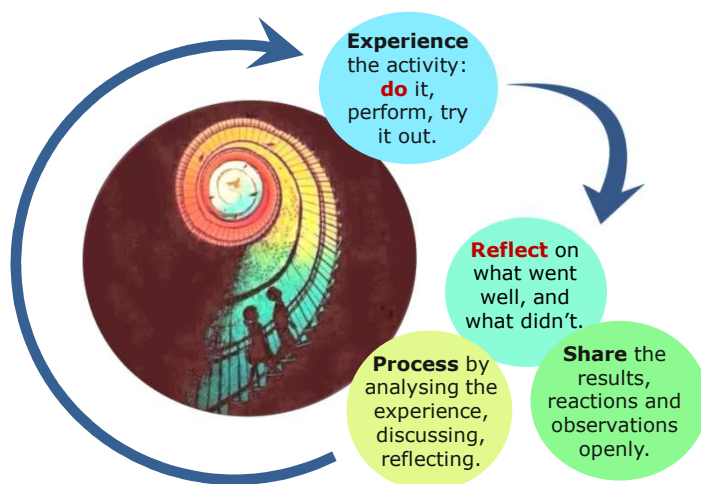
Experiential learning



Interactive discussions



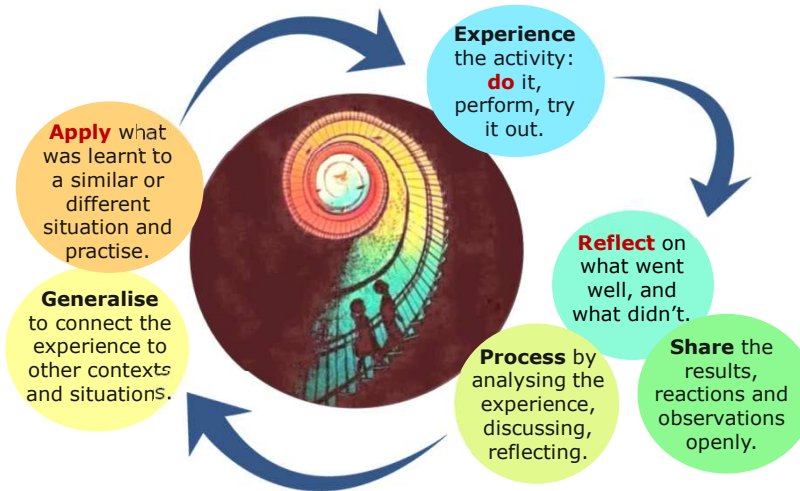
Experiential learning



Testing the theory



Experiential learning



“We do not learn from experience ...
we learn from reflecting on experience.”

“Failure is instructive. The person who
really thinks learns quite as much from
his failures as from his successes.”

What will you now try at this conference?

Please return to menti.com to vote on the CPD activities.

Go to www.menti.com and use the code 43 85 20

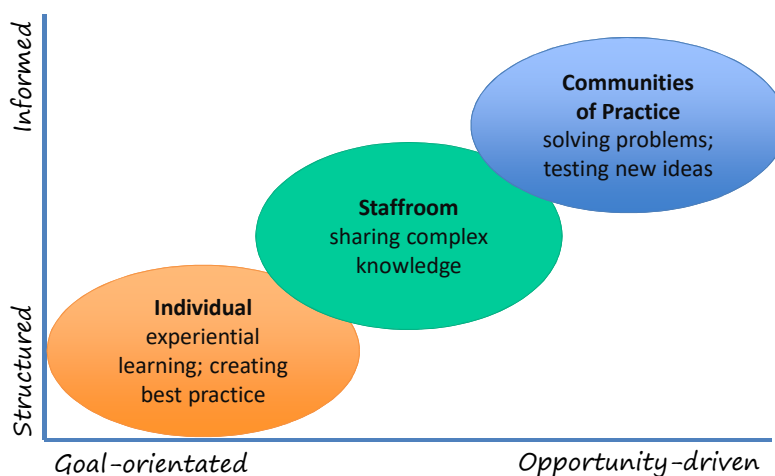


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- 3 Enter the code 43 85 20 and vote!

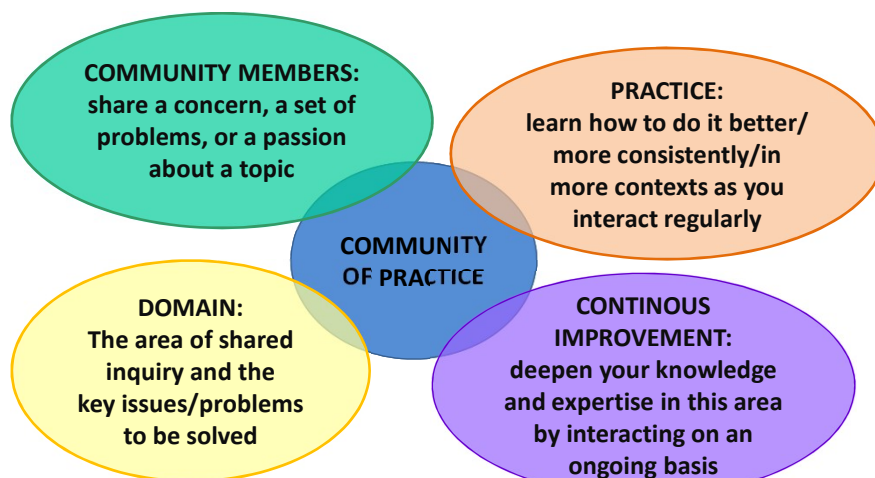
Record your research and findings



Extending your research and findings



Extending beyond your teaching context



Overcoming the forgetting curve



Final views

Please return to menti.com to record your final opinions.

Go to www.menti.com and use the code 43 85 20

- 1 Grab your phone
- 2 Go to www.menti.com
- 3 Enter the code 43 85 20 and vote!

